



901 Patients First Drive
Washington, MO 63090

**PATIENTS FIRST HEALTH CARE DIABETES AND NUTRITION CENTER
ACHIEVES AADE ACCREDITATION**

Washington, MO, January 5, 2011 – The Patients First Diabetes and Nutrition Center has been named an accredited diabetes education program by the American Association of Diabetes Educators (AADE). This will allow residents in and around the Franklin County area increased access to critical diabetes education services.

Diabetes education is a collaborative process through which people with or at risk for diabetes gain the knowledge and skills needed to modify behavior and successfully self-manage the disease and its related conditions. It is provided by diabetes educators.

“Trends show that diabetes education is moving out of the hospital and into the community. The AADE’s accreditation was created, in part, to encourage diabetes education where the patient is seeking care,” said Leslie E. Kolb, RN, BSN, MBA, Program Director, Diabetes Education Accreditation Program. “The Patients First Diabetes and Nutrition Center is exactly the type of program we envisioned when we set up our accreditation program in 2009.”

The Patients First Diabetes and Nutrition Center is located on the company’s Washington Campus at 901 Patients First Drive in Washington. Diabetes educators include Dana Hellebusch, RN, MSN, CDE, FNP, BC, and Brenda Voss, RD, LD, CDE, Registered Dietitian. The Patients First diabetic educators work closely with physicians, ensuring that all members of a patient’s health care team are partners in the patient’s treatment program. The Patients First Diabetes and Nutrition Center can be reached by calling (636) 390-1684.